

# CHARLES PARKER, DO

CHILD, ADOLESCENT & ADULT PSYCHIATRIST

[CP@COREBRAINJOURNAL.COM](mailto:CP@COREBRAINJOURNAL.COM)

## PROFESSIONAL EXPERIENCE

- 1981 – 2019 Medical Director, Parker Schlichter & Associates  
In & Outpatient, Virginia Beach, VA
- 1992 – 1994 Clinical Director, The Recovery Place,  
Va. Beach Psychiatric Center, Inpatient, Virginia Beach
- 1990 - 1992 Executive Medical Director; Peninsula Psychiatric Hospital  
Hampton, VA
- 1987 – 1988 Medical Director, Perspectives Impaired Professionals  
Peninsula Hospital – Outpatient, Hampton, VA
- 1987 – 1990 Medical Director, Dependency Programs,  
Peninsula Psychiatric Hospital - Inpatient, Hampton, VA
- 1981 - 1987 Clinical Director, Adolescent Inpatient Psychiatry,  
Peninsula Hospital, Hospital Corp of America, Hampton, VA
- 1980 – 1981 Chief Medical Officer, Adolescent & Adult Inpatient  
Norfolk Psychiatric Center, Norfolk, VA
- 1974 – 1980 Staff at Center Psychiatrists  
Portsmouth, VA – In & Outpatient

## OUTPATIENT EXPERIENCE

- 1981-2019 Medical Director, Parker, Schlichter, Outpatient Practice,  
In the PM, after hospital work
- 2003-2007 Chief Psychiatrist, Amen Clinic DC – SPECT Brain Imaging,
- 1981-1982 Community Services Boards, Va. Beach & Chesapeake

## MEDICAL EDUCATION

- 1972 – 1974 Child & Adolescent Psychiatry Fellowship  
Chief Resident, Drexel Medical College and Hospital, Philadelphia, PA
- 1970 – 1972 Adult Psychiatry Residency  
Albert Einstein Medical Center, Philadelphia, PA.
- 1969 – 1970, General and Rotating Psychiatric Internship  
Albert Einstein Medical Center, Philadelphia, PA.
- 1968 - 1969 Medical Internship  
Metropolitan Hosp. Grand Rapids, Mich.
- 1964 – 1968 Philadelphia College of Osteopathic Medicine, Philadelphia

## UNDERGRADUATE & HIGH SCHOOL

- 1964 BS, Major Biology, Minor English - Westminster College: Fulton, MO.
- 1960 Culver Military Academy: Band Co., Culver, IN., High School

## BOARD CERTIFICATIONS

- American Board of Psychiatry and Neurology  
Adult Psychiatry, #14307 – 1975 - Present
- American Board of Psychiatry and Neurology  
Forensic Psychiatry #565 – 1998 to 2008, 10 years, Inactive now

American College of Forensic Examiners; Forensic Examination, #10124  
1997 to 2007, 10 years, Inactive now

American Society of Addiction Medicine: 1992-2002 - 10 years, Inactive now

#### LICENSED

1974-Current: Virginia Board of Medicine: 0102026059

2016 - California Board of Medicine: 20A11149 - Reactivation in process.

2003-Present, Nuclear Regulatory Commission [NRC]:

Management of Radioisotopes -for Brain Imaging, Nuclear Medicine – in compliance with 10 CFR 35 by Medical Licensing Branches U.S. | NRC License: 45-30881-01 – Cert. as ‘Authorized User’ Radioactive materials.

#### PROFESSIONAL ASSOCIATIONS

- American Psychiatric Association, #030415, Life Member

#### MEDICAL STAFF AFFILIATIONS

1980-Present Virginia Beach General Hospital (Active & Courtesy) Since  
2019 Barry Robinson Center, Norfolk, VA – Consultant, Child Residential

#### FORMER TEACHING

2003 Visiting Professor, Dept. Psychiatry, Naval Medical Center Portsmouth,  
Virginia - 5 lectures on psychopharmacology

1987-1992 Instructor: Eastern Virginia Med. School, Psychiatric Clerkship

1980-1981 Instructor: "Identification & Management of Behavioral Problems  
in the Classroom" - Old Dominion University, Norfolk, VA

1977-1980 Instructor: "Psychoanalytic Theory & Practice" Psych residents  
and Doctoral Fellows - Eastern Virginia Medical School

1974-1980 Instructor: U.S. Navy Dept. of Psychiatry, Portsmouth, VA,  
T-Group therapist for all psychiatric residents

#### PUBLIC SERVICE PROGRAMS

- *Straight Talk*: Cable TV: 8 Programs - Series for Addiction/Recovery  
Public Information: Channel 27 Norfolk – I hosted & reported on  
recovery issues with selected recovering guests re: diagnosis and  
treatment for substance abuse & codependency ~ 1982

#### BOOKS

- *Deep Recovery: How to Use Your Most Difficult Relationships to Find Out Who You Are* - Hawkeye Press, 1992 (2<sup>nd</sup> Ed) <http://geni.us/recovery>
- *New ADHD Medication Rules: Brain Science and Common Sense* – (3<sup>rd</sup> Ed), Koehler Books, Va. Beach 2012. <http://geni.us/adhd>

#### JOURNAL ARTICLE

- Parker, NW, & Parker, CE: *Case Report: Trichotillomania: Apparent 2D6 interaction with amphetamine and paroxetine*, J. Primary Psych, Sept 2005