First: Embrace the inclusive big picture for our interview process. Consider how your insights provide an important contribution to the larger picture of developments in mind health. Define for yourself your experience and objectives in that larger context – you’ll build your universal appeal. This interview can connect all of us - and address where we might go together.

You know: You likely understand quite clearly what you like, what brings you pleasure in your practice, but let us focus on the larger point: What big problems need correction? How do you bring a distinct perspective to correcting those problems for others - for our broad range of listeners, all of whom have unique personal histories?

Ask yourself: What makes you different than others coaching, researching, or providing therapy - don’t miss this excellent opportunity to share your unique passion, mission & special vision.

Be ready: To talk about what you learned from your own misperceptions and difficulties – prepare with: 1. Your personal story of discovery, 2. Your inevitable realization of new realities - and 3. Your transformational process to share with others so they won’t experience the same trials.

What problems: What do you personally see as the larger theme of problems with mind-science for others - and what do you think therapists, docs, coaches and the public should do about it? How can we work more effectively together?

What solutions: Be ready to share your personal findings to benefit those who take their valuable time to listen to your fresh perspectives. Let’s present these findings in the form of a conversation about the evolution of your discovery process, rather than us simply telling people a list of tips on how to improve their challenges. Together we will help humanize the process.