

PARKER BIO

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Dr. Charles Parker is on a mission to address pervasive psychiatric treatment failure by democratizing advanced brain and mind information through lessons for our increasingly curious, concerned, and informed global citizenry.

An enlightened public will significantly improve treatment outcomes as they challenge misinformation and conjecture from the ground up.

Experience Matters

- Host: CoreBrain Journal >180 guests, 132K downloads, 94 countries
- Best selling author, completed classical psychoanalytic training
- Neuroscience Consultant, Child, Adolescent and Adult Psychiatrist,
- National Speaker & Consultant with several medical Fortune 500 companies teaching psychopharmacology for more than 20 years,
- Functional Medicine Consultant and Speaker for 14 years,
- Three psychiatric board certifications: Adult, Addiction, Forensic
- Registry as Authorized User with the Nuclear Regulatory Commission for SPECT Brain Imaging since 2003,
- Over 460 articles for ten years at CorePsych.com,
- More than 48 years of active clinical psychiatric practice,
- Parker is opinionated about the urgency for informed change.

<http://corebrainjournal.com/about>

This Galileo Mind Moment

Mind care must now address compelling discoveries from laboratories, advanced technology, and new tools that remain underappreciated on the streets of global Anytown. The standard care of mind diagnosis by misinformed and insubstantial appearances is woefully outdated and contributes to pervasive psychiatric treatment failure. New technology and data changes the mind science game. The sun doesn't rotate around Rome, but without the technology of a telescope, it looks like it does. Denial of the reality of underlying brain function and molecular reality diminishes options for informed recovery globally. <http://corebrainjournal.com/galileo>

Why Now - Overview

Public dissatisfaction with psychiatric/medical care is pandemic, and almost everyone thinks that our only mind care resources are assessments through behavioral appearances followed by psychiatric medication assumptions based upon those reductionistic, oversimplified label-opinions that overlook advances in mind science. Many critical thinking experts agree: <http://corebrainjournal.com/critical>

Why Now – Specifics: Inadequate Diagnosis

Outdated superficial behavioral labels, speculation, and misinformation are out. Hard data, mind science, and accurate biomedical measures are in – but not yet assimilated into the current standard of care.

If an eight grader can correctly identify a psychiatric diagnosis, then everyone is, by default, board certified in psychiatry. Too many physicians at *every* level of subspecialization write for medications without regular training updates on the commonplace, easily available basics of mind care, from drug interactions to the recent, more informed biomedical assessment tools.

Inaccuracy encourages public stigma with the entire mind-care process – now witnessed on a national political scale – from city to farm. Everyday parents vigorously protect their children from unpredictable medical treatments.

Why Now – Specifics: Ineffective Treatment

These inadequate, often capricious diagnostic endeavors not only often miss the mark, but they also encourage mind-treatment approaches too often characterized by whimsy and denial. The ubiquitous method today for treatment failure is more medications, different drugs - and a pervasive inability to identify underlying comorbid biomedical conditions. Vague targets encourage missed opportunities with implications for lifetimes.

Why - Mind Science Example: More Than “ADHD”

The *most compelling* example of diagnostic imprecision and treatment inadequacy is Attention Deficit Hyperactivity Disorder.

- The human cognitive brain is far more complicated than the superficiality of “hyperactive” or “inattentive” behavioral appearances.
- Almost every person suffering today with “ADHD” is treated using those insufficient conclusions while practitioners miss fundamental questions of brain function and cognition/thinking.
- The most compelling paradox: Global standards of care today involve the remarkable process of treating the most evident and pervasive thinking problems *without* thinking about thinking.
- Nuances of context and changing realities found in measuring the dynamic of *prefrontal cortical executive function* [the internal mother of “ADHD” appearances] remains overlooked, while seeking limited categorical, fixed, reductionistic diagnosis, for limited target recognition.
- These striking, functional inadequacies of the current system leave thousands untreated, mistreated and disappointed with psychiatric care. It bears repeating: this is a global problem.
- Cognition, cognitive balance, and cognitive synchrony in the context of changing reality serves as the basis of our evolution as an animal species – it’s the essence of our existence – yet is not built into our

diagnostic or treatment system. [Systems 2](#) thinking is in, Systems 1 – Paleolithic, reptilian thinking – is at once helpful yet outdated.

- Cognitive markers always arise for self-management in skill sets, efficiency, and leadership. Executive function and self-management, involves excellent cognitive timing in the face of changing reality.
- If these glaring examples of diagnostic and treatment inadequacy continue to take place regarding the ubiquity of executive function, then consider the pervasive developmental arrest associated with other diagnoses such as depression, anxiety, and mood disorder.
- **Note:** These widespread, inadequate and maladaptive trends do encourage entropic consequences for humankind.

What & How: Examples - CoreBrain Journal Guests Include:

- Dr. William Shaw – Actionable lab neuroscience for Brain Toxins & Immunity challenges: <http://corebrainjournal.com/125>
- Dr. William Walsh – Methylation Measures for more predictable, biomedically measured treatments: <http://corebrainjournal.com/115>
- Experts on Mindset encourage improved self management: <http://corebrainjournal.com/mindset>
- For Veterans and their families – Expert commentary from multiple international experts on trauma, combat stress, TBI - <http://corebrainjournal.com/vets>

What & How: Parker's YouTube Channel – More Than “ADHD”

- Over 50 Complimentary Teaching Videos: <http://youtube.com/drcharlesparker>

What & How: Parker's Recent Book:

- *New ADHD Medication Rules – Brain Science & Common Sense* – Global Amazon Link: <http://geni.us/adhd>
- *New Rules* documents specific strategies to encourage improved, functional, more scientific diagnostic and treatment structures for the informed use of ADHD medications.
- *New Rules* serves as a gateway to understand and actively correct the international challenge of misdiagnosis and mistreatment for ADHD/Executive Function challenges. Cognition matters.
- The current standard of care encourages medications for thinking - without thinking about, or targeting, thinking.
- *New Rules* serves as a utilitarian signpost for the biomedical changes now taking place globally with outdated psychiatric diagnostic and treatment protocols.

CoreBrain Journal Guest/Team Connections

- How: Tiffany Isaacson, COO – tisaacson@corebrainjournal.com
- Professional Guest Application at CoreBrain Journal: <http://corebrainjournal.com/guest>