

DR. CHARLES PARKER

HOST: COREBRAIN JOURNAL

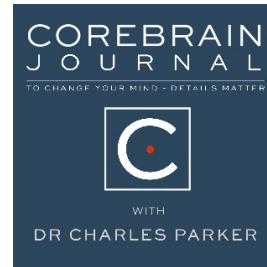
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TOPIC: NEW MIND SCIENCE

INTERVIEW SPEAKING POINTS

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NOTEWORTHY OVERVIEW: HARD DATA CHANGES PERCEPTIONS,
AND PERCEPTIONS IMPROVE PRACTICE

Most of the mistakes in thinking are inadequacies of perception,
rather than mistakes of logic. – *Edward de Bono, Nobel Prize Nominee*

Dr. Parker is a Neuroscience Consultant, practicing Child, Adolescent & Adult Psychiatrist - a best selling author at Amazon, [New ADHD Medication Rules, Brain Science & Common Sense](#), lectured nationally for more than 20 years on peer-reviewed science for precise treatment with psychiatric pharmaceuticals, and is on a mission to improve global mind care through an increasingly curious and informed citizenry. Parker Bio and further links in PDF: <http://corebrainjournal.com/bio>

Many critical-thinking neuroscience professionals¹ agree: the current standard of care, based upon diagnosis using behavioral appearances, is woefully outdated contributes to global compromise and frequent failure in everyday psychiatric treatment – characterized today by guesswork and more medications.

However, today we also live in a promising Galileo Global Mind Moment with new telescopes to view a different universe:

<http://corebrainjournal.com/galileo>

Today psychiatric practice, helpful as it is at times, must more effectively synchronize with the rapid developments and fresh discoveries in modern neuroscience. Current practice is helpful but needs *measurable* improvement based upon the underlying reality of biomedical brain & body biology.

Dr. Parker recognizes the fact that secondary schools and colleges search for thought leaders to add cost-effective enduring benefits to school life for their students. In that regard he is available to speak to high school and college audiences on any of the topics you might select below – including the possibility of easily starting a *Neuroscience Club*² in your school – as outlined in the reference below.

His work as a child psychiatrist for more than 40 years brings his message down to an adolescent/young adult level. Topics that prove instructive:

- The brain and its connection to body function is interesting - indeed entertaining - regarding relationships, substance abuse, leaving school, specific years of transition in school and from school to college.
- Informed brain function assessments now predictably improve functional target recognition - beyond the current standard of using fixed labels as tools for psychiatric medications that mark only behavioral appearances.
- Measurable biomedical imbalances create repeated treatment failures – including frequency of bowel function!
- Detailed cost-effective biomedical laboratory perceptions provide fresh maps that now more precisely mark the brain function landscape.
- The biology of advanced functional brain imaging [SPECT], while clinically useful, is not as cost-effective, and only superficially approximates more measurable, more cost-effective, molecular and cellular activities. SPECT shows pictures of actual brain function.
- Molecular and cellular insights bode well as dramatic advances in genetics, measured synaptic activity,³ nutrition, and food immunity challenges, provide globally available answers. What's missing: understandable and interesting translations for street value at any level of education.
- Today we can measure the molecular activities of synaptic transporter proteins [deep but understandable] to translate them into clinically meaningful observations that help explain previously unexplained clinical conditions – as commonplace as personality disorders. [e.g. Avoidant Personality]
- Those previously untreatable personality disorders could only be treated by years of psychotherapy or psychoanalysis, and now often can begin to resolve with nutrient therapy in weeks.
- “ADHD” is a dramatic, utilitarian example of the limitations of behavioral diagnosis. “ADHD” diagnosis is too often associated with accompanying pervasive inaccuracy in the clinical practice of using controlled medications with children and adults.
- The dramatic, obvious impacts of food sensitivities with associated gastrointestinal imbalances creates one of the most commonplace problems with psychiatric medications – yet persists as a focus of denial and debate amongst even subspecialists in medicine who have no awareness of these matters as related to brain function.⁴

¹ Critical Thinkers - References: <http://corebrainjournal.com/critical>

² Structure/Leadership For Neuroscience Clubs: <http://corebrainjournal.com/clubs>

³ Dr. William Walsh on Methylation: <http://corebrainjournal.com/115>

⁴ Dr. Alessio Fasano, Chief Pediatric Gastroenterology, Mass. Gen. Hosp. [Gluten Freedom](#)