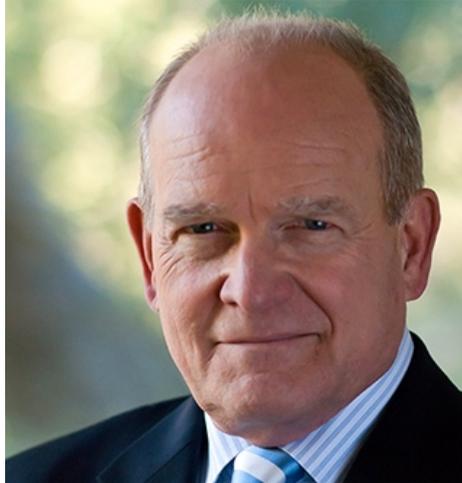


# PARKER BIO - JANUARY 2017



Dr. Charles Parker is on a mission to address psychiatric treatment failure by democratizing advanced brain and mind information through lessons for our increasingly curious and informed global citizenry. An informed public will significantly improve treatment outcomes.

## **Experience Matters**

As Host at CoreBrain Journal, Best Selling Author, Neuroscience Consultant, Child, Adolescent and Adult Psychiatrist, National Speaker & Consultant with several medical Fortune 500 companies for more than 20 years, with three psychiatric board certifications, registry as Authorized User with the Nuclear Regulatory Commission for SPECT Brain Imaging, with over 460 articles for ten years at CorePsych.com, and more than 45 years of active clinical practice, Parker is opinionated and articulate about the urgency for informed change.

<http://corebrainjournal.com/about>

## **This Galileo Mind Moment**

Mind care must now address compelling discoveries from laboratories, advanced technology, and new tools that remain underappreciated on the streets of global Anytown. The standard care of mind diagnosis by misinformed and insubstantial appearances is woefully outdated and contributes to pervasive psychiatric treatment failure. New technology changes the mind science game. The sun doesn't rotate around Rome, but without the technology of a telescope, it looks like it does.

<http://corebrainjournal.com/galileo>

## **Why Now - Overview**

Public dissatisfaction with psychiatric/medical care is pandemic, and almost everyone thinks that our only resources are assessments through behavioral appearances followed by psychiatric medication guesswork based upon those reductionistic, oversimplified opinions that overlook advances in mind science. Critical thinking experts agree:

<http://corebrainjournal.com/critical>

### **Why Now – Specifics: Inadequate Diagnosis**

Outdated superficial behavioral labels, guesswork, and misinformation are out. Hard data, mind science, and accurate biomedical measures are in – but not yet assimilated into the current standard of care.

If an eight grader can correctly identify a psychiatric diagnosis, then everyone by default is board certified in psychiatry. Too many physicians at every level of specialization, including psychiatrists, write for medications without any regular training updates on the commonplace, easily available basics of mind care from drug interactions to more informed biomedical assessment tools. Inaccuracy encourages stigma.

### **Why Now – Specifics: Ineffective Treatment**

These inadequate, often capricious diagnostic endeavors not only often miss the mark, but they also encourage mind-treatment approaches too often characterized by whimsy, denial, and caprice. The ubiquitous method today for treatment failure is more medications, different drugs - and a pervasive inability to identify comorbid contributory biomedical conditions.

### **Mind Science Example - More Than “ADHD.”**

The most compelling example of diagnostic imprecision and inadequacy is Attention Deficit Disorder.

- The human cognitive brain is far more complicated than hyperactive or inattentive appearances.
- Almost every person suffering today with ADHD is treated using those insufficient conclusions while practitioners miss fundamental questions of brain function and cognition/thinking. The global standard of care today involves the process of treating the most evident and pervasive thinking problems without thinking about thinking.
- Nuances of context and changing realities found in measuring Dynamic Executive Function [the mother of ADHD] remain left behind while seeking a categorically limited, fixed, reductionistic diagnosis that continues to occur in the context of dynamic biomedical reality with various conditions at different times.
- These striking, functional inadequacies of the current system leave thousands untreated, mistreated and disappointed with psychiatric care. It bears repeating: this is a global problem.
- Cognition, cognitive balance, and cognitive synchrony in the context of changing reality serve as the basis of our evolution as an animal species. Cognitive markers always arise for self-management in skill sets, efficiency, and leadership. Executive function, self-management, involves excellent timing in the face of changing reality. These maladaptive trends create entropic consequences for humankind.

### **Team Connections**

How: COO Tiffany Isaacson – [tisaacson@corebrainjournal.com](mailto:tisaacson@corebrainjournal.com) | Guest at CoreBrain Journal: <http://corebrainjournal.com/guest> | *New ADHD Medication Rules*: Book at Global Amazon: <http://geni.us/adhd>